# Bureau of Substance Use Disorders Update Idaho Regional Advisory Committees

March 2009

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"Treatment in parallel and separate mental health and substance abuse treatment systems . . . is remarkably ineffective" —Drake and colleagues (2004)

## Message from the Chief

The big topic for March is the stimulus package. Division Administrator Kathleen Allyn used her lawyer skills and poured over the entire bill – which meant looking at some pretty archaic statutes that were referenced. What she came up with is that there is not a lot in the bill for behavioral health. The one piece that is in there – and it is exciting – is funding for electronic health records. As we learn more about what the Governor is recommending we will keep updating you in the newsletter. If you have suggestions for items to be added to the newsletter, please let me know.

Bethany Gadzinski

#### Budget

We continue to be right on track with the budget for both treatment and prevention. Concerning FY10, JFAC is waiting to see what the stimulus looks like before setting budgets. However, we have heard nothing that would indicate we will be funded at a level lower than what the Governor recommended. This would mean staying stable with what we are spending today.

## Co-Occurring Disorders

Because it bears repeating – I want to repeat the following from last month's newsletter:

VISION: A community-based system of services for persons with, or at-risk of, co-occurring disorders (COD) that promotes self-determination, empowerment, recovery, and the highest possible level of consumer participation in work, relationships, and all aspects of community life.

For those of you who attended last year's ICADD conference, Dr. David Mee-Lee needs no introduction. He is a talented and gracious trainer who laid a foundation for COD-capable treatment services in Idaho. As keynote speaker and trainer this year at ICADD, Dr. Mee-Lee will build upon that foundation as he addresses the ASAM criteria for COD-capable and adolescent COD-treatment.

"The odds that casemanaged clients reached
a length of stay previously
identified as associated
with more successful
treatment were 1.6
(outpatient programs) to
3.6 (short-term residential
programs) times higher
than the odds for noncase-managed clients."

Am J Public Health

Numbers of new Idaho prisoners continue to stay flat. The reasons for this are many; however, the community treatment options now open to Judges appears to play a part

## Case Management

Another item that bears repeating – because the Bureau always loves to hear a Wahoo from the providers:

CM trainees, once trained and meeting all other criteria except the 1,040 hours, can provide case management services under direct intensive clinical supervision with and CM that do not. Many have raised the question of how someone gets the requisite hours without allowing for trainee status. To address this issue, on February 2, 2009, DHW published the new CM standards that provide a learning plan.

On a new note, as of April 1, 2009 Case Management will be paid at 100% and Clinical Case Management will be paid at a higher rate. Please watch for the new rate matrix from BPA.

# **Recovery Support Services**

Treena Clark conducted training for the Regional CRDS via video conferencing on February 23, 2009. The training focused on RSS standards, the RSS Application process and providing technical assistance to RSS applicants. The CRDS in your region now serves as a local point of contact for agencies in your region who are applying for approval as an RSS provider.

## Facility Approval

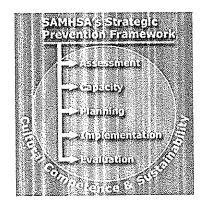
The Department continues to accept applications from providers who have a desire to serve Adolescent Residential clients. If you are seeing a need for additional types of services in your Region, please talk to your BPA Regional Representative.

#### Prisoner Re-Entry

Clients served in the Prison Re-Entry Project continue to grow each month. Although this project has taken awhile to get fully implanted, we should be pretty close to the targeted number of clients for FY09. As this project continues to grow – we are always open to ways to improve the services or to adding to the type of services offered.

IDOC probation and parole officers continue to report that they greatly appreciate the support provided by case managers. Please make sure that you provide them with a weekly client report.

If you have any questions about Re-Entry, please contact Jean Woodward at woodwarj@dhw.idaho.gov or (208) 334-6610.



#### Prevention

Applications for funding will be coming out on March 27th, using much the same process as we have in the past. Completed applications are due back to Benchmark by April 29th. For more information, please go to preventionidaho.net.

Benchmark and the Idaho Department of Health & Welfare are pleased to announce a new online course – Intro to Drugs & Society Online. Available to the staff of all Benchmark funded prevention programs, the course gives an overview of the history of drug and alcohol use in the United States, effects and impacts of major drug categories, theories of drug prevention, addiction and treatment. The course concludes with special section on the effects of alcohol and drugs on the developing fetus. Please see preventionidaho.net for more information.

The Idaho Prevention Conference is scheduled for April 16-18 in Sun Valley. For more information, please see: http://www.trainingweal.org/html/conferences.htm

## BPA Update

BPA welcomes three new Regional Coordinators to their staff. They are:

Sherri Molina - Regions 3 and 4

Jamie Goffin - Region 5

Lisa Bridges – Regions 6 and 7

Provider contracts are being revised with new contracts to be in place by July 1, 2009. With the new contract will come a revised, and much less subjective, provider audit tool. This tool will follow IDAPA standards.

BPA is currently working on an internal provider report card that they will share with the network provider's mid April. A public provider report card is being developed and will be released on May 1st. If there is information you would like to see on the public report card, please let your BPA representative or your Regional Director know.

A new provider incentives program is currently being developed with implementation scheduled for July 1st.



#### GAIN/WITS

#### REMINDER QP-Trainees CAN conduct the GAINI's as long as they have a clinical supervision plan noting they are performing this services

The phased roll out process to grant agencies and Users access the Interface Production Site has begun. Regions 7, 6 and 2 where the first three regions in this roll out process. Over the next 4 weeks the rest of the regions will be rolled out. Please remember that only licensed network treatment providers who currently have Certified GAIN-I Site Administrators, Certified GAIN-I Administrators, or Certified Local Trainers on staff will be included in the roll out.

There is currently no GAINI training scheduled. We anticipate that BPA will be taking over this process in the near future and will keep you updated on future training dates. There is training on the interpretation of the GAINI at ICADD – so check out the brochure at

#### THOUGHT YOU WOULD LIKE TO KNOW

There is a new study that was recently published that may be of interest to you - Adverse Childhood Experience study. The Adverse Childhood Experiences (ACE) Study is one of the largest investigations ever conducted on the links between childhood maltreatment and later-life health and well-being - including behavioral health. You can find the study at:

#### http://www.cdc.gov/NCCDPHP/ACE/index.htm

The new IDAPA facility Standards will be available for comment in early to mid April with a comment period through the end of June. The new rules will be posted to the Health and Welfare Substance Use Disorder website. You will receive a notification when they are published.

A new workforce development committee has been formed to address the current and future treatment system workforce shortage. Attached to this newsletter are the DRAFT short and long term issues to be addressed. There are 2 treatment providers on this committee – Dennis Hardziej from Community Services Counseling and Ted Burgess from St. Alphonsus

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#### **Upcoming Events**

Clinical Supervision Training – March 17

Case Management Training – March 25

Prevention Conference – April 16-19

ICADD – May 19-21